

WINTER PEAS (Pisum sativum

L.)

Winter peas are often used in cover crop mixes. Pea may be faster growing in the fall than clover or vetch; consequently, may provide better winter ground coverage. The winter pea varieties available currently are susceptible to *Sclerotinia* (white mold), a disease intensified under cool, wet conditions often encountered in the Southeast. Use caution planting pea as a cover crop directly before beans, because pea could potentially intensify disease or insect problems in the following legume cash crop. Winter peas are often mixed with small grains in order to enhance biomass production and mixing the two may reduce disease as the grains help keep the vines off the soil where they are more susceptible to disease. Peas are large seeded and can sometimes settle differently in a drill or broadcast seeder than the accompanying small grain seed, resulting in uneven distribution of cover crops in a field if the grower is not careful when seeding. It is a nematode host and should not be planted in fields with nematode problems. Winter peas are sensitive to soil salinity and extreme acidity. In the Southeast, peas may exhibit cold injury after freeze events in the form of foliar necrosis. This injury is often transient, and many varieties are capable of recovering from cold injury in this region, but winter peas may winterkill in the Mountains.

Recommended Varieties

Variety	Reasons Why	Source
CAH-11, Chelan, Common, Fenn,	Produced 3,000-6,750 lbs dry biomass /acre	R.A. Vann et al Unpublished
Granger, Melrose, Romack,	in NC variety trials.	
Specter		
Frostmaster, Survivor, Whistler,	Cultivars with smaller leaf sizes and are	MS Plant Materials Center data
and Windham	typically more winter hardy.	

Planting Information

Information		Comments	Source
Drilled Seed	1 - 3	Breeders indicate better anchoring, cold	Managing Cover Crops Profitably
Depth (inches)		tolerance, and growth if planted 2 – 3 inches.	
Drilled Seeding	40 – 60 in	Use the inoculant Rhizobium leguminosarum	GA Cover Crop Standard,
Rate (lbs/acre)	monoculture,	biovar viceae. Pea generally performs best	NCSU variety trials
	30 – 40 in	when drilled on narrow row spacing (<10	
	mixture	inch).	
Broadcast	45 – 70	Pea seed can be broadcast if good moisture is	Wright et al. 2013,
Seeding Rate	Not usually	present following broadcasting; biomass	R.A. Vann and S.C. Reberg-
(lbs/acre)	recommended	production will likely be less than that for	Horton
		drilled pea.	

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Termination Information

Information	Source
Most vegetable farmers use mowing and incorporation for termination. Flail	Managing Cover Crop Profitably,
mowers provide the finest residue and most even distribution, but rotary mowers	
can be used. Small scale farmers can use weed-eaters on smaller beds. Residue	
should be incorporated as soon after mowing as possible. Leave at least 2 weeks	
for residue to decompose before planting. Legumes decompose quickly and most	
of the nitrogen is released within 1 month after incorporation. Decomposition is	
greater in moist, warm conditions. If the soil is dry then irrigation may be	
necessary. Cool soils conditions will lengthen time needed before planting.	
If using herbicides for termination, consult your local Extension and state Pest	
Management Handbook for herbicide recommendations. Always follow the	
herbicide label.	

Cultural Traits

Traits		Comments	Source
Typical Dry Matter Range (lbs/acre)	3,000 - 4,500	Pea variety and growth habit have a large influence on biomass production.	Managing Cover Crops Profitably, Unpublished Literature Review in Piedmont – Gaskin, Atwell 2017
Typical Total N Range (lbs/acre)	70 - 120		Unpublished Literature Review in Piedmont, Atwell 2017
Life Cycle	Cool season annual legume		
Growth Habit	Viney, Prostrate to Climbing		
Preferred Soil pH	6.0 - 7.0		Managing Cover Crops Profitably
Relative Seed Cost (\$/acre)	\$\$\$\$		Based on survey of seed costs using maximum price and max seeding rate
Min. Germination Temp (F)	41°		Managing Cover Crops Profitably
Cautions	history of probl susceptible spri	Sclerotinia. Is not a good choice for fields with a lems with Sclerotinia or for use before a ling crop such as lettuce or crucifers. New ling developed with resistance.	USDA Pea Plant Guide; Clemson University

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Sources:

Atwell, R.A. (2017). Optimizing short-term cover crop benefits through genotype screening and management. Ph.D. diss., North Carolina State University, Raleigh, NC.

MS Plant Materials Center data:

https://www.nrcs.usda.gov/wps/portal/nrcs/main/plantmaterials/pmc/southeast/mspmc/

NRCS GA Cover Crop Standard:

https://efotg.sc.egov.usda.gov/references/public/GA/Cover Crop (340) Standard October 2015.pdf

USDA Pea Plant Guide: https://plants.sc.egov.usda.gov/plantguide/pdf/pg_pisa6.pdf

Wright, D.L., E.B. Whitty, and A.R. Blount. 2013. Planting dates, rates and methods of agronomic crops. UFL #SS-AGR-150.