



Sunflower is a native species that can be used to attract pollinator species and to scavenge nutrients from soil. It works well in mixes. Sunflower has a large and tough rooting system that can help fight compaction in soils. Matures in < 90 days.

Recommended Varieties

Variety	Reasons Why	Source
Black oil	Bird and insect attractor	Personal communications
Peridovic	Bird and insect attractor	

Planting Information

Information	Comments	Source
Drilled Seed Depth (Inches)	0.5-1"	
Drilled Seeding Rate (lbs/acre)	25	
Broadcast Seeding Rate (lbs/acre)	35-40	
Aerial Seeding Rate (lbs/acre)	N/A	

Termination Information

Information	Source
Harvest, mow, herbicide* (glyphosate), or allow to winter kill.	Personal communications
*Always follow herbicide labels for crop to be terminated and for compatibility with subsequent crop(s). Consult your local Extension and state Pest Management Handbook for herbicide recommendations.	

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Cultural Traits

Traits	Comments	Source
Typical Dry Matter Range (lbs/acre)	4,000-6,000	
Typical Total N Range (lbs/acre)	40-60	Mono culture (reduce for use in mix)
Life Cycle	Summer forb	
Growth Habit	Upright tall	
Preferred Soil pH	6.5-8.5	
Relative Costs	\$-\$\$	
Min. Germination Temp	75°F	
Cautions		

Sources:

Personal Communications with Blackland Farmers and Seed Suppliers.